

Information about local health services

If you want to make a comment about this service or need some advice or information about any other local NHS service, please contact:

North Somerset Community Partnership Patient Advice & Liaison Service (PALS)

Castlewood, PO BOX 237, Tickenham Road, Clevedon, BS21 6FW
 Freephone: **0800 389 5260**
 Email:
nscp.commentsandcompliments@nhs.net

The quality of our service provision is monitored by the Care Quality Commission (CQC). Please visit www.cqc.org.uk for further information.

If you are concerned that your child is unwell, please phone: NHS Direct on **111**.

If you are concerned that a child is being harmed or is at risk of abuse or neglect, please contact North Somerset Safeguarding Children's Board on 01275 888808 or visit their website at www.northsomersetsafeguarding.co.uk

Useful Websites

www.eric.org.uk
www.asthma.org.uk
www.gosh.nhs.uk
www.anaphylaxis.org.uk
www.nhs.uk/change4life
www.epilepsy.org.uk
www.diabetes.org.uk
www.patient.info
www.nhs.uk
www.barnardos.org.uk
www.kidsmart.org.uk
www.kidscape.org.uk
www.carers.org
www.childline.org.uk
www.daycaretrust.org.uk/nafis
www.nscphealth.co.uk

Contact your School Nurse

School Health Nursing Team
 Badger House
 Oldmixon Crescent
 Weston-super-Mare BS24 9AY
 Telephone: **01934 419 339**
 Fax: **01934 418 588**
 Email: nsomerset.schoolnurses@nhs.net
www.nscphealth.co.uk



School Health Nursing Service

For secondary school children



The School Health Nursing Service forms part of your school health team. We are an experienced, professional team lead by qualified School Health Nurses who are here to help you. The School Nurse will usually see you in your school or in a health setting, but sometimes we may visit you at home.

School Nurses have four main roles:

1. To work in partnership with young people, families, carers and professionals to identify and protect young people suffering, or at risk of suffering harm.
2. To give confidential advice and care to children and parents or carers.
3. Support parents and young people to look after their physical and emotional health and wellbeing.
4. To make sure young people with health issues receive the right care.



Services and support

The services and support School Nurses offer include:

- Routine HPV immunisations for girls to protect against cervical cancer
- Routine immunisations for Year 9s
- Demonstrations and displays on support to stop smoking, alcohol and drugs
- School-based teenage health drop in clinics for confidential advice
- Small groups or class sessions about health issues including sexual health
- Help with developing health care plans for pupils with complex needs
- Confidential appointments
- Support for education staff when a pupil has a health condition
- We will be introducing a confidential texting service, see our website for details.

How can we help:

The kind of things that you can come to see us about:

- Relationships
- Stress at home or at school including bullying
- Mental and emotional health and well-being e.g. self harm, anxiety, low mood etc
- Body shape or size
- Help to stop smoking
- Sexual health
- Healthy living
- Body changes and puberty
- Worries about other members of your family
- Information about other health services.



'We are an experienced, professional team who are here to help you and your child'