

CPR for DIABETIC FEET

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Check both feet, heels to toes,
any ulcers present, look between
the toes

Any breaks in skin, areas of
discolouration, swelling or hard
skin?

Check inside and outside
footwear

P

Protect feet by applying cream to
moisturise

Wear well fitting socks & shoes.

Care cutting toe nails.

Eat a healthy diet and maintain
good blood glucose levels.

Receive annual checks from
Health care professional

R

For "Foot Attack" refer all
patients via e-referral to the
Diabetic foot hospital team
and to the Podiatry service

Podiatry contact details can be
found on NSCP intranet